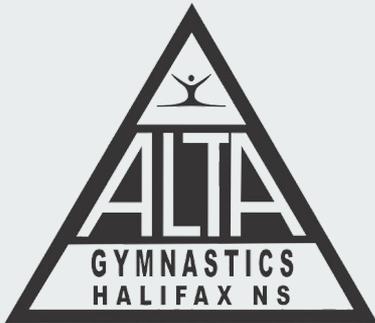




# 2024 Atlantic Canadian Artistic Gymnastics Championships

Hosted by ALTA Gymnastics Club





## About the Event

'Atlantics' as it's known, is a celebrated event with over three decades of history, and stands as a crucial stepping stone for aspiring artistic gymnasts on their journey to elite competition. This prestigious competition brings together the most promising young talents from across the four Atlantic provinces, creating a platform for them to showcase their skills and vie for top honors.

The competition fosters friendships and honours and respects the commitment to excellence for all stakeholders. Athletes, coaches, officials and volunteers are all integral parts to a successful competition.





# Making the Team

Over 370 gymnasts of all ages and levels converge at this highly-anticipated event, where they participate in both men's and women's artistic gymnastics. The competition fosters camaraderie and sportsmanship among participants, while also providing a unique opportunity to compete at a regional level.

Male and Female athletes from 9-18 compete within organized categories according to rules set out by Gymnastics Canada.

Each Province selects a team to a maximum of 6 athletes in each category and competes representing their home province.



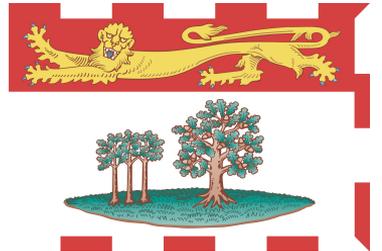
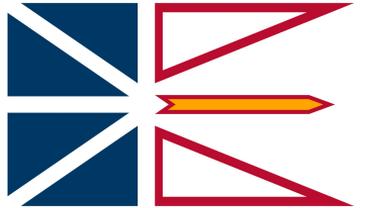
## Start here, go anywhere

Over the years, the event has become a revered tradition within the gymnastics community, nurturing talent and fostering the development of future elite athletes. The competition not only offers a stage for young gymnasts to shine but also acts as a pathway to more advanced and nationally recognized contests, where they can further hone their skills and aspire to represent their country on the international stage.



## 24 years and counting

The first Atlantics was hosted by Moncton, NB in 2000 and since that time the honour of hosting the competition has cycled between each of the four Atlantic provinces. In 2024, it lands in our hands. With its rich history and tradition, this annual multi-province competition continues to be a beacon of hope for aspiring gymnasts, inspiring them to reach for greatness and pursue their dreams of becoming elite gymnastics champions.





## What makes this event important?

*“Competing at the Atlantics when I was just 11 years old was a milestone in my career, in that it was my first ‘away’ meet, the sheer joy of participating in this event was a major inspiration for me to continue advancing to elite gymnastics.”*

**Ellie Black**, former Team NS Atlantics Competitor,  
current Canadian Senior National Team Member,  
3X Olympian and 2022 World Championships Bronze Medalist  
2024 Atlantics - Event Ambassador





## The Competition

The event begins with an opening Ceremony on Friday, April 26th at 7:30am, with over 350 athletes competing, it's a busy schedule. Athletes are grouped into their age and level categories. Female athletes compete on Vault, Bars, Beam and Floor. Male athletes compete on Floor, Pommel Horse, Rings, Vault, Parallel Bars and High Bar. Athletes will be judged by panels of judges from all four Provinces and scores are posted live at the event and online.

At the end of each session the athletes are ranked and individual apparatus awards are handed out for 1st to 8th place. Provincial Team awards are also handed out, with prizes going to the coveted top-scoring Team each category.

Athletes, coaches and Judges all get a chance to celebrate at the end of the competition with an athlete and adult social, hosted by Halifax ALTA and held at local venues.



## By the numbers

Over 1000 individuals will compete, watch and help at 2024 Atlantics

- 370 athletes (Nova Scotia 115, Newfoundland 90, New Brunswick, 65, PEI 100)
- 50 Coaches
- 30 Officials
- 75 Volunteers
- Estimated Spectators - 600



## Local Impact

- *Participation* - Over 200 free admission passes to the event will be given out to clubs in NS to distribute to Recreational athletes to remove any financial barriers to attending.
- *Environmental footprint* - Water filling stations will be available at the event to reduce the number of packaged water bottles needed. All participants will be provided with a souvenir water bottle.
- *Cultural opportunities* - Halifax ALTA and the Atlantic Artistic Gymnastics Championships planning committee is proud to host the event in Mi'kmaki. The opening ceremonies will feature a young Mi'kmaq dancer from the Millbrook First Nation



## Local Impact

- Diversity and inclusion - ensuring that everyone has access to the event, and is accommodated once on site. This includes ensuring access to seating areas as well as gender neutral washrooms. Officials are also instructed to greet athletes with gender neutral welcome messages. Athletes of any gender can participate in Women's or Men's Artistic Gymnastics.
- Supporting local goods and services
  - Holiday Inn & Suites
  - Best Western
  - Subway
  - Kent
  - Sunbelt
  - Eats and Treats Cafe
  - MacFarlands
  - True North DJ
  - Long & McQuade
- Over \$150,000 in hotel stays, locals services, rentals and products will be generated for the local economy.



Local Support



Scotia INVESTMENTS

*A Family of Companies*

Steele



SUBARU

BURCHELL WICKWIRE BRYSON <sup>LLP</sup>

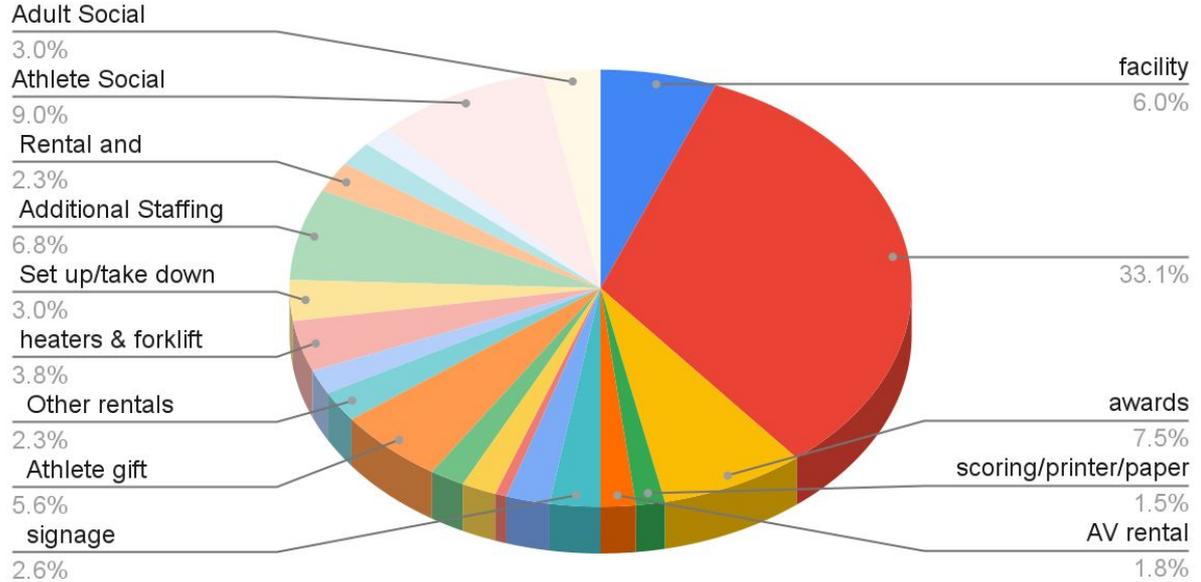
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# Budget

Total Expenses  
\$66,400

Full Budget

## ATLANTICS EXPENSES



## ATLANTICS REVENUE

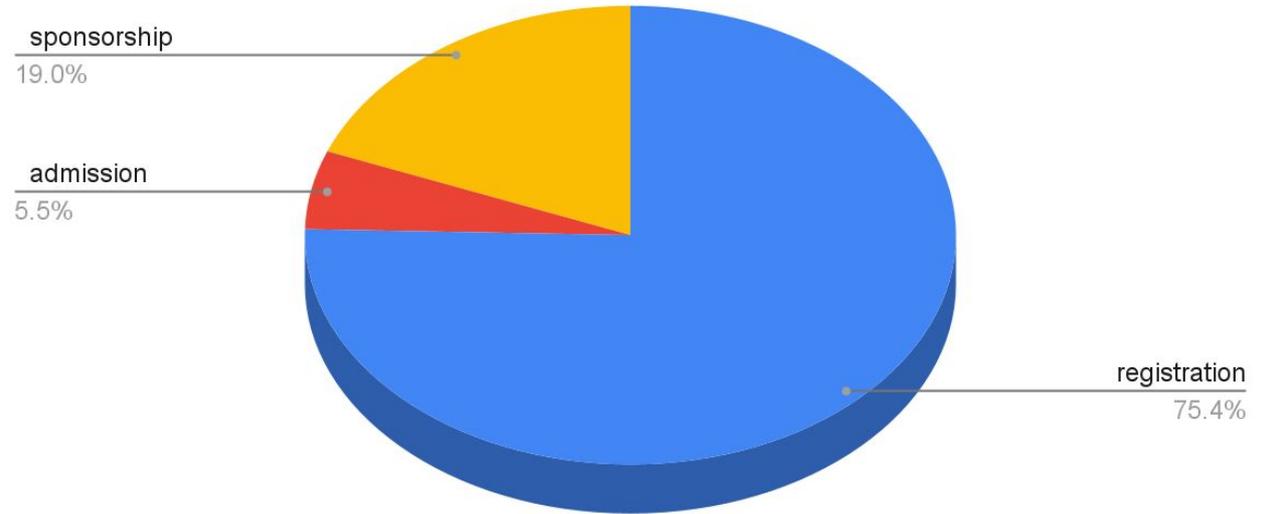


### Budget

Total Revenue

\$72,200

Full Budget



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## Wrap Up

In conclusion, 2024 Atlantic Canadian Artistic Gymnastics Championships presents a compelling opportunity to foster physical activity, teamwork, and community engagement among our youth. With the support of this funding, we aim to provide a platform for young athletes to showcase their talents, build valuable life skills, and promote a culture of health and wellness. HRM's investment in this event will not only benefit the participants directly but will also have a lasting positive impact on our community as a whole. We are committed to delivering a successful and impactful event, and we thank you for considering our application. Together, let's empower our youth through the joy of sports.

